

FOOD & NUTRITION

Boiling with the Best

Melodie Stevenson Garcia

Wednesday 12:40 p.m. – 1:40 p.m., Room 3211 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3380 (WSC)

Feel like you need an energy boost for your foods class? Come and see what works for teachers in their classroom in their cooking labs and demos. Ideas for successful labs and demos will be shared.

Melodie Stevenson Garcia, Eisenhower Jr. High School, Granite SD

Calcium and Bone Health

Siew Sun Wong

Thursday 8:00 a.m. – 9:00 a.m., Room 3228 (WSC)

This workshop aims to introduce a new curriculum developed by Utah State University Extension, focusing on Calcium and Bone Health. There are four lessons in the curriculum. Highlights of this curriculum is the integration of highly versatile educational games and flexible lesson plan.

Siew Sun Wong, Utah State University, Assistant Professor, Nutrition Specialist & Utah EFNEP State Director

Cast Iron Chef: Dutch Oven Cooking

SOLD OUT - CLASS FULL

Matt Pelton and Mindy Johnson

Thursday 10:20 a.m. – 11:20 a.m., Room B071 (JFSB)

Learn how to create soups, stews, and chili Dutch Oven meals from the Cast Iron Chef himself. He will be cooking a French Chicken Soup during class. The ins and outs of Dutch Oven cooking; from seasoning your Dutch oven, to choosing your heat source will be taught. Learn tips and tricks on how to adapt recipes and cook Dutch Oven food in the comfort of your kitchen. Whether you're firing up the coals or using your kitchen stove, Dutch Oven cooking is more versatile than ever before. Matt will be covering materials on Dutch Oven cooking from his new *Cast Iron Chef Cookbook*.

Matt Pelton is an experienced and entertaining presenter, and author of two cookbooks on outdoor cooking.

Contests & Meals for Friends

Nancy Eckhout

Thursday 12:15 p.m. – 2:25 p.m., Room B061 (JFSB)

Brighton High has always had food preparation contests as a part of the curriculum. We have had Chilli Contests, Soup Contests, Salad Contests and Sandwich Contests. Each student brings a recipe from home then each group decides which recipe they think will be prize winning in these categories: Most Nutritious, Best Meal Based, Best Vegetarian, or Best Ethnic. They modify the recipes to make them more nutritious (low fat products, for instance) then they make the recipes after evaluating the nutrients, costs, time schedule, etc. The judges are the principal, vice principals, counsellors, teachers, culinary art students with four winning groups per period. All the recipes are then compiled and put in a cookbook called "The Best of Brighton" and distributed to all the students who entered the contest plus the judges. This is a great food lab planning and organization idea and also help others (judges!) in the school know the quality of the nutrition programs in the school. The Meal for Friends is also a menu planning, nutrition and informational program. Students decide in food groups what food they wish to prepare for their friends, evaluate these for nutrition, time of preparation, costs then each student invites a friend who has not taken a high school foods class to come and imbibe! Fun, good group planning and organization, good for nutrition and helps recruit students to take foods and nutrition classes. Recipes are shared with the student guests.

Nancy Eckhout, Brighton High School, Jordan School District

Cooking Labs for Dietary Guidelines and My Pyramid

SOLD OUT—CLASS FULL

Nancy Schwartzman

Pamela Rock

Wednesday 12:40 p.m. – 2:50 p.m., Room B061 (JFSB)

Thursday 12:15 p.m. – 2:25 p.m., Room B071 (JFSB)

A variety of labs and cooking strategies to go along with the Dietary Guidelines and My Pyramid.

THERE IS A \$5.00 CLASS FEE.

Nancy Schwartzman, Willowcreek Middle School, Alpine School District

Pamela Rock, Lakeridge Jr. High School, Alpine School District

Cooking with Antonin Carème: First Celebrity French Chef

SOLD OUT—CLASS FULL

Tamara Marcroft

Wednesday 9:40 a.m. – 11:50 a.m., Room B071 (JFSB)

Carème was a French chef well known for greatly simplifying and codifying the style of cooking known as *haute cuisine*, the high art of French cooking which is central to France's national cuisine. He was known as the "chef of kings and king of chefs." Come join us in the kitchen to learn his story and style of cooking.

Tamara Marcroft, Lehi High School, Alpine School District

Egg Cookery – What's for Brunch?

Ann Hardman and Teresa Griffin

Wednesday 9:40 a.m. – 10:40 a.m., Room B061 (JFSB) **SOLD OUT —CLASS FULL**

Wednesday 10:50 a.m. – 11:50 a.m., Room B061 (JFSB)

This workshop will provide curriculum ideas for teaching an egg unit. It will also include recipe demonstration and samples, and a brunch cook book with recipes for both home and school.

Ann Hardman, Brighton High School, Jordan School District

Teresa Griffin, Oak Canyon Jr. High, Alpine School District

Food Guide Pyramid Fun **SOLD OUT — CLASS FULL**

Katherine Borgmeier

Wednesday 9:40 a.m. – 11:50 a.m., Room 3220 (WSC)

Wednesday 12:40 p.m. – 2:50 p.m., Room 3220 (WSC)

Come learn and share new ways to help teach Food Guide Pyramid concepts to your food classes. Each participant will make and take 2 projects.

THERE IS A CLASS FEE OF \$5.00.

Katherine Borgmeier, Riverton High School, Jordan School District

Garnishing **SOLD OUT — CLASS FULL**

Chef John V. Johnson

Thursday 8:00 a.m. – 9:30 a.m., B061 (JFSB)

Thursday 9:40 a.m. – 11:20 a.m., B061 (JFSB)

A brief lecture 10-15 minutes about garnishing principles with a hands-on follow up lab preparing basic plate and display garnishes.

John V. Johnson, CEC, CCE, AAC

“I Do Like Green Eggs and Ham” – The Importance of Daily Calcium

Carolyn Washburn

Wednesday 1:50 p.m. – 2:50 p.m., B071 (JFSB)

Wednesday 3:00 p.m. – 4:00 p.m., B071 (JFSB)

The understanding of the importance of daily calcium intake is critical for long term healthy bodies. This information will help you find ways to increase your daily calcium intake and provide information that you will be able to share with students.

Carolyn Washburn, USU Extension Agent, Washington County

Mountain Top to Table Top

Matt Pelton and Mindy Johnson

Thursday 9:10 a.m. – 10:10 a.m., Room B071 (JFSB)

The author of the cook book, “From Mountain Top to Table Top”, will give a cooking demonstration on cooking wild game. When you try the meat samples, you will never guess it is wild game.

Matt Pelton is an experienced and entertaining presenter, and author of two cookbooks on outdoor cooking.

Obesity Prevention

Siew Sun Wong

Thursday 9:10 a.m. – 10:10 a.m., Room 3228 (WSC)

This workshop aims to introduce a new curriculum developed by Utah State University Extension, focusing on Obesity Prevention. There are four lessons in the curriculum. Highlights of this curriculum is the integration of highly versatile educational games and flexible lesson plan. Evaluation tools to measure impact will also be included.

Siew Sun Wong, Utah State University, Assistant Professor, Nutrition Specialist & Utah EFNEP State Director

Of Peas, Pizza and PowerPoint

Keenan and Dana Adcock

Thursday 10:20 a.m. – 11:20 a.m., Room B037 (JFSB)

Discuss the basics of PowerPoint and its effective use in the classroom, as well as how to avoid common misuses of this valuable tool.

Keenan, BYU Independent Study, High School Teacher Administrator
Dana Adcock, BYU Independent Study

ProStart 101 – Curriculum Ideas and Updates

Becky Cox and Diane Cluff

Wednesday 9:40 a.m. – 10:40 a.m., Room 3228 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3228 (WSC)

For new or seasoned ProStart Teachers, we'll share what is available on UEN.org and what to look forward to next year. We'll share resources, curriculum and fun!

Becky Cox, Lone Peak High School, Alpine School District
Diane Cluff, Provo High School, Provo School District

ProStart Competition

Chef John V. Johnson, Room 3380 (WSC)

Thursday 12:15 p.m. – 1:15 p.m.

How to organize, create, practice, and execute your menu for the ProStart state competitions.

John V. Johnson, CEC, CCE, AAC

ProStart II Round Table

Tamara Marcroft

Thursday 1:25 p.m. – 2:25 p.m., Room 3280 (WSC)

A class where ProStart teachers can bring resources and ideas to share.

Tamara Marcroft, Lehi High School, Alpine School District

Recipe Binder **SOLD OUT—CLASS FULL**

Dona Murphy

Wednesday 3:00 p.m. – 4:00 p.m., Room 3215 (WSC)

Learn a tried and true method of creating student recipe binders. It is simple for the students to make and they really enjoy having them. You will be making one of these binders in class. Binder and special tab punch from Stampin' Up provided!

Dona Murphy, Parowan High School, Iron School District

Spooky Halloween Treats – So Much Fun It's Scary!

SOLD OUT — CLASS FULL

Pauline Todd

Wednesday 12:40 p.m. – 1:40 p.m., Room B071 (JFSB)

Wednesday 3:00 p.m. – 4:00 p.m., Room B061 (JFSB)

Fun Halloween ideas that can be used in cooling labs.

Pauline Todd, North Davis Jr. High School, Davis School District

Why Do We Eat?

Lora Thompson

Wednesday 1:50 p.m. – 2:50 p.m., Room 3211 (WSC)

Wednesday 3:00 p.m. – 4:00 p.m., Room 3211 (WSC)

PowerPoint about why, when, where, and what motivates us to eat and additional ideas that can be used teaching a Foods and Nutrition class.

Lora Thompson, Centennial Middle School, Provo School District

Yeast Breads – Quicker and Easier

SOLD OUT — CLASS FULL

Marci Smith

Thursday 8:00 a.m. – 9:00 a.m., Room B071 (JFSB)

Tips to making successful yeast bread in a limited time setting (samples and recipes included). Basic instruction will also be given for shooting and presenting videos in your PowerPoint presentations on the cheap, fast and easy.

Marci Smith, BYU

CLOTHING & TEXTILES

Baby Tuxedo —CANCELLED****

Bound Buttonholes & Decorative Openings

Janean Thomas

Wednesday 1:50 p.m. – 4:00 p.m., Room B043 (JFSB)

Thursday 9:10 a.m. – 11:20 a.m., Room B043 (JFSB)

This will be a two hour, hands-on workshop. Participants will be learning how to make a bound buttonhole by constructing a step by step sample. We will also do several decorative pockets and openings. Participants will need to bring their basic sewing supplies and a sharp pencil or fabric marker, but the sample fabric will be provided.

THERE IS A CLASS FEE OF \$2.00.

Janean Thomas, Payson Jr. High School, Nebo School District

Care and Maintenance of a Serger

Chris Borget and Mindy Johnson

Thursday 12:15 p.m. – 1:15 p.m., Room B043 (JFSB)

Chris will be teaching how to fix minor repairs on a serger. Learn how to make small repairs to your classroom machines; it will save money and time. We will also have a teacher in the classroom with a few tricks of her own.

Chris Borget, Dave's Bernia, Provo, UT

Mindy Johnson, Spanish Fork High School, Nebo School District

Care and Maintenance of a Sewing Machine

Chris Borget and Mindy Johnson

Thursday 1:25 p.m. – 2:25 p.m., Room B043 (JFSB)

Chris will be teaching how to fix minor repairs on a sewing machine. Learn how to make small repairs to your classroom machines; it will save money and time. We will also have a teacher in the classroom with a few tricks of her own.

Chris Borget, Dave's Bernia, Provo, UT

Mindy Johnson, Spanish Fork High School, Nebo School District

Clothing & Textiles: Creative Ideas for the FACS Classroom

Lindsey Shirley

Wednesday 12:40 p.m. – 1:40 p.m., Room 3250 (WSC)

Wednesday 1:50 p.m. – 2:50 p.m., Room 3250 (WSC)

From individual clothing and textiles projects for FACS students to service learning ideas and opportunities, this workshop is designed to provide the Family and Consumer Sciences teacher with lots of resources and ideas for teaching clothing and textiles related content. Examples of how to integrate FCCLA into clothing and textiles content will also be presented. Come and bring your great ideas too!

Lindsey Shirley, USU FACS Professor, Logan

Cowboy Stars Quilt

Debra Williams

Thursday 10:20 a.m. – 11:20 a.m. with a working lunch. - Room B053 (JFSB)

This 60" x 80" throw size scrappy quilt has Ohio stars, flying geese and cowboy boots. It can be adjusted to any size. You will learn two ways to make the larger stars and another method for the sashing stars, as well as the flying geese units and the foundation paper pieced cowboy boots. You need a basic sewing kit along with a rotary cutter. (Rulers and mats are needed, assuming they will be provided – if not, please indicate students need them.) You will also need a 3" x 6" flying geese ruler, if you choose to use that method. I will have some flying geese rulers for purchase at class. Bring neutral color thread and background fabric for the quilt, including lots of scraps for the larger stars. This is a two hour class, you will sew during the class and learn the stars, the sashings, flying geese and cowboy boots.

Debra Williams, Quilts Etc., Sandy, UT

Fashion Rendering

Emily Housley

Wednesday 9:40 a.m. – 10:40 a.m., Room 3250 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3250 (WSC)

Ideas, tips and tricks to teach Fashion Strategies. Learn how to render fashion sketches and how to use sketches in the classroom.

Emily Housley, Jordan High School, Jordan School District

Flat Pattern Workshop (Drafting & Sewing)

Genet Orme Hendrix

Wednesday 12:40 p.m. – 2:50 p.m., Room B053 (JFSB)

Come to a continuation of last year's workshop. We will draft a Princess Line bodice, sew it, and then fit it to the half-scale mannequins. We will go over the class scope & sequence again, so if you weren't in attendance at last year's workshop – you're still welcome to come to this year's. Bring your own basic sewing supplies (pins, scissors, thread, French curve if you have one – I'll supply the rest.)

THERE IS A CLASS FEE OF \$5.00.

Genet Orme Hendrix, Timpview High School, Provo School District

History of Fashion

Janet Gleave

Thursday 12:15 p.m. – 1:15 p.m., Room 3238 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3238 (WSC)

To provide a background in historic costume of the Western world, understand the context of each of the main periods, and apply that knowledge to present-day design.

Janet Gleave, Fashion Institute of SLCC and curator of the SLCC Historic Fashion Collection

New Fashion Strategies Round Table

Wendy Curtis, Linda Stokes, Cherril Grose, and Holly Hutchings

Wednesday 3:00 p.m. – 4:00 p.m., Room 3224 (WSC)

Learn about the Fashion Strategies core standards changes and updates. Take home some lesson ideas and activities. Bring some of your own ideas too!

Wendy Curits, Highland High School, Salt Lake School District

Linda Stokes, Riverton High School, Jordan School District

Cherril Grose, Morgan High School, Morgan School District

Holly Hutchings, Provo High School, Provo School District

Star Baby Quilt - Paper Piecing

Kerrie Crandall and Nichole Neves

Thursday 8:00 a.m. – 10:10 a.m., Room B053 (JFSB)

We will be teaching a paper piecing class with patterns that Kerrie Crandall designed. We would be able to do a little boy baby quilt with a star pattern. We taught the same class last year but used a heart pattern. Kits for our quilts/wall hangings will be provided. The kits will include thread, fabric, pattern and any other items needed.

THERE IS A CLASS FEE OF \$30.00.

Kerrie Crandall, Springville High School, Nebo School District

Nikki Neves, Utah State University FACS Education Graduate, 2008

Pine Tree Wall Hanging - Paper Piecing

Kerrie Crandall and Nichole Neves

Thursday 12:15 p.m. – 2:25 p.m., Room B053 (JFSB)

We will be teaching a paper piecing class with patterns that Kerrie Crandall designed. We will be putting together a pine tree. Kits for our quilts/wall hangings will be provided. The kits will include thread, fabric, pattern and any other items needed.

THERE IS A CLASS FEE OF \$30.00.

Kerrie Crandall, Springville High School, Nebo School District

Nikki Neves, Utah State University FACS Education Graduate, 2008

Re-done Denim

Margaret Hopkin

Thursday 10:20 a.m. – 11:20 a.m., Room 3238 (WSC)

Denim is something that most students have a ready supply of but not all of them may want to make a quilt. In this workshop, more than a dozen no-sew and low-sew denim projects will be shown—aprons, baskets, bags, pillows, pouches, purses, and more.

Margaret Hopkin, USU Extension Agent, Morgan

Some Things Old, Some Things New: Clothing I & Sports Sewing I

Ann Hardman and Teresa Griffin

Thursday 8:00 a.m. – 9:00 a.m., Room 3223 (WSC)

Thursday 9:10 a.m. – 10:10 a.m., Room 3223 (WSC)

This workshop will provide a curriculum packet for Clothing I, with variations for Sports Sewing I. It will also include simple project instructions and patterns.

Ann Hardman, Brighton High School, Jordan School District

Teresa Griffin, Oak Canyon Jr. High School, Alpine School District

Student Back Sack

Linda A. Stokes

Wednesday 9:40 a.m. – 11:50 a.m., Room B043 (JFSB)

Student back sack sewing project for Sports Sewing or Clothing I class. Includes several performance objectives: Pocket with mitered corner, button attachment, buttonhole, and a machine stitched hem. This project involves the use of the sewing machine and serger as well as pressing equipment. In addition each participant will need to bring 1/2 yard of medium weight fabric and one small spool of matching thread.

THERE IS A CLASS FEE OF \$2.00.

Linda A. Stokes, Riverton High School, Jordan School District

Taking the Terror Out of Teaching Textiles

Dr. Catherine Burnham

Wednesday 9:40 a.m. – 10:40 a.m., Room B062 (JFSB)

Wednesday 10:50 a.m. – 11:50 a.m., Room B062 (JFSB)

We will explore ways to fearlessly teach textiles! Where to go for information, how to present complex ideas, inserting videos, using classroom samples, finding illustrations, etc.

Dr. Catherine Burnham, BYU Associate Professor

FASHION

Classroom Management through Your Closet

Camile S. Morris

Thursday 12:15 p.m. – 1:15 p.m., Room 3224 (WSC)

To quote Shakespeare, “All the world’s a stage, and all the men and women merely players:” so, “What ere thou art, act well they part.” Better yet, what ere thou art, dress well thy part. This class covers dressing for success in the classroom to:

- Control classroom energy
- Raise the bar of expectations for your students
- Achieve higher quality of work from your students
- Gain respect from and give respect to your students

Camile Morris, Style by Camile

Fashion Puzzle

Camile Morris, Cecile Thomas, and Carla Summers

Wednesday 8:00 a.m. – 9:30 a.m., Room 3224 (WSC)

Putting it all together can be frustrating when you have a closet full of clothes and nothing to wear. Finding the perfect outfit doesn’t mean a trip to the mall. The first store you should go to is your closet. This class is about organizing your closet and putting together a 12 piece wardrobe that can create over 40 different looks; it includes time and money saving tips on organization, accessorizing, and logical creative solutions.

Camile Morris, Style by Camile

Cecile Thomas

Carla Summers

Power of Color

Camile Morris

Thursday 9:40 a.m. – 11:20 a.m., Room 3224 (WSC)

Learn how to bring energy, focus and harmony into your life through the use of color. This class is about understanding how the power of color can strengthen your communication and personal presentation. Color is one of the most misunderstood tools of the fashion industry. Discover why the use of color is important; how to use color to your advantage; and how to use the tool of color draping. This is a great addition for your clothing classes.

Camile Morris, Style by Camile

Cecile Thomas

Carla Summers

Stretching Your Wardrobe Dollar Through Fashion Cents

Camile S. Morris, Cecile Thomas, and Carla Summers

Thursday 1:25 p.m. – 2:25 p.m., Room 3224 (WSC)

When the economy is down we tend to let our appearance slide; yet, that is exactly when we need to be putting forth an extra effort to make sure we look our best. Looking your best does not have to cost a lot of money. Not only will looking sharp help you feel better, it will help you maintain a professional edge that visually says, “You are worth keeping; in fact, you deserve a promotion and a raise.” This class is based on wardrobe tips that will help you dress your best for less; including tips on wardrobe longevity, shopping, updating your look, and color. This is a great class to teach students about keeping fashionable within a budget.

Camile Morris, Style by Camile

Cecile Thomas

Carla Summers

INTERIOR DESIGN

Concurrent Enrollment Interior Design - **CANCELLED**

Floral Design

Michelle Virtue

Wednesday 3:00 p.m. – 4:00 p.m., Room 3223 (WSC)

Thursday 8:00 a.m. – 9:00 a.m., Room 3211 (WSC)

Design is art that makes itself useful – an introduction to the world of fresh floral design. This is a practical presentation designed to introduce the beginner and inspire the experienced. Michelle will discuss fundamental design elements, her sources of inspiration, basic floral identification, and an essential list of floral tips & tricks. Leave this hour long class with the basic knowledge necessary to begin creating your own floral art – from the simple to the extravagant.

Michelle Virtue, Manager, BYU Campus Craft & Floral. Michelle appears regularly on Studio 5 with KSL.

How Do I Teach That? Interior Design Fundamentals and Resources

Heidi Weight

Wednesday 9:40 a.m. – 10:40 a.m., Room 3252 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3252 (WSC)

Are you feeling a little overwhelmed with all the things you have to teach in Interior Design or are you just tired of doing “ho hum” and “un-fun” projects? This class will help you find some resources and organization ideas that will make teaching Interior Design easier and more fun. After all, if we're not having fun, why are we doing it? Organizational ideas, concurrent enrollment strategies, project checklists, and web-based resources and project ideas that keep your class current and interesting will be discussed. Also, come prepared to share an idea that might be helpful to someone else. We'll be having a sharing time if there is time leftover.

Heidi Weight, Timpanogos High School, Alpine School District

Islamic Art/SLCC Fashion Institute and Interior Design

Mojdeh Sakaki

Thursday 12:15 p.m. – 2:25 p.m., Room 3222 (WSC)

Be inspired by the History of Islamic Art presentation. Mojdeh Sakaki is also the Coordinator of the SLCC Fashion Institute and Interior Design. Your students will love to know all SLCC has to offer in these two great programs.

Mojdeh Sakaki, Salt Lake Community College, Fashion & Interior Design

Making Toothbrush Rugs (Recycling Project)

Christine Jensen

*Wednesday 12:40 p.m. – 2:50 p.m., Room 3215 (WSC) **SOLD OUT—CLASS FULL***

Thursday 8:00 a.m. – 10:10 a.m., Room 3215 (WSC)

Using new or old fabric, learn how to use a toothbrush “needle” to make a fun recycling project. These rag rugs are easy to make and everyone can do it. Participants will need to bring two old sheets (different colors) and a pair of sharp scissors.

THERE IS A CLASS FEE OF \$2.00.

Christine Jensen, USU Extension Agent, Emery County

Redesign Interior Design

Desirae Roden

Thursday 9:10 a.m. – 10:10 a.m., Room 3211 (WSC)

Thursday 10:20 a.m. – 11:20 a.m., Room 3211 (WSC)

Does Interior Design have you down? Increasing options for activities and professional instruction methods to enhance how interior design is taught will be covered in this class. Updated PPT's and student note takers included!

Desirae Roden, Hurricane High School, Washington School District

Revised Interior Design Standards and Round Table

Wednesday 1:50 p.m. – 2:50 p.m., Room 3290 (WSC)

Review of changes in Standards and Objectives for Interior Design. Sharing time: Bring a favorite idea and copies for 40 people.

Brenda Rhodes, West High School

Heidi Weight, Timpanogos High School

Sue Winkler, Syracuse High School

Rosemary Bullough, Northridge High School

Jana Pendleton, Riverton High School

Cherril Grose, Morgan High School

CHILD DEVELOPMENT and CHILD CARE

Children Literature/Caldecott Committee

Gene Nelson

Wednesday 12:40 p.m. – 1:40 p.m., Room 3224 (WSC)

Gene Nelson is a member of the prestigious Caldecott Committee. Mr. Nelson will bring picture books that he's been reviewing for that award and talk about his experiences serving on the committee

Gene Nelson, Director, Provo City Library

FACS Book Review – BYU Bookstore

Anita Charles

Wednesday 9:40 a.m. – 10:40 a.m., Room 3224 (WSC)

Anita Charles reviews books daily for the BYU Bookstore. She will be doing book reviews of some fantastic books for FACS teachers on many of our subject areas

Anita Charles, BYU Bookstore, Buyer and Floor Supervisor

Make and Take for Child Development/Child Care

SOLD OUT—CLASS FULL

Rosemary Lindberg

Wednesday 3:00 p.m. – 4:00 p.m., Room 3250 (WSC)

Come make a preemie awareness kit disposable diaper comparison kit, sugar cake kit, a phonetic phone, games, stories and more. **THERE IS A CLASS FEE OF \$10.00.**

Rosemary Lindberg, Timpanogos High School, Alpine School District

Math is Everywhere

Stephanie Anderson

Thursday 8:00 a.m. – 9:00 a.m., Room 3220 (WSC)

Thursday 9:10 a.m. – 10:10 a.m., Room 3220 (WSC)

Are you afraid of teaching math? Does the idea cause you to sweat? This workshop will ease your fears and make you anxious to teach your child about math. Participants get hands-on ideas of how to use math in everyday situations using shapes, numbers, and songs from PBS programs. Participants will be actively involved with hands-on activities and be able to pick a book that emphasis an early education math concept. Be prepared to have fun!

Stephanie Anderson, Brigham Young University, Ready to Learn

Revised Child Care Standards and Performances

Cheryl Moyle, Holly Weidauer, Camile Hicks, Michelle Stott, Shaylene Parry

Wednesday 10:50 a.m. – 11:50 a.m., Room 3224 (WSC)

Our committee has revised and condensed the Child Care Standards and Performances. Join us for a question and answer session about the changes that have been made. Let us help you plan and revise your Child Care curriculum for 2009-2010

**Cheryl Moyle, Olympus High School, Granite School District
Holly Weidauer, East High School, Salt Lake School District
Camille Hicks, Riverton High School, Jordan School District
Michelle Stott, Alta High School, Jordan School District
Shaylene Parry, Ogden High School, Ogden School District**

Revised Child Development Standards and Round Table

Katie Borgmeier, Rosemary Lindberg, Vivien Brown, and Karma Bateman

Thursday 10:20 a.m. – 11:20 a.m., Room 3223 (WSC)

Review of changes in Standards and Objectives for Child Development. Sharing time: Bring a favorite idea and copies for 40 people.

**Katie Borgmeier, Riverton High School, Jordan School District
Rosemary Lindberg, Timpanogos High School, Alpine School District
Vivien Brown, Lone Peak High School, Alpine School District
Karma Bateman, Jordan High School, Jordan School District**

Ten Effective Preschool Tools That REALLY Work

Cheryl Moyle

Thursday 12:15 p.m. – 1:15 p.m., Room 3220 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3220 (WSC)

The best tools that really work gathered from 29 years of teaching experience. Tools include: preschool welcome, show and tell, sanitation, discipline, large group, class routine, assessment, portfolio, parent communication, favorite catalogues and more if time permits.

Cheryl Moyle, Olympus High School, Granite School District

Using a “FOLDABLE” to Teach Child Care

Grayce Rees

Wednesday 1:50 p.m. – 2:50 p.m., Room 3238 (WSC)

Create a “FOLDABLE” to teach an introductory unit to Child Care students. Topics covered within this creative teaching tool include career opportunities, characteristics of successful teachers, education and training requirements, responsibilities of teachers, and types of early Childhood Programs. The foldable relates to State standards and objectives, and correlates with the textbook, *Work with Young Children*, published by Goodheart-Willcox Company, Inc.

THERE IS A CLASS FEE OF \$3.00.

Grayce Rees, Murray High School, Murray School District

FINANCIAL MANAGEMENT

Be Thrifty and Thrive

Margie Memmott

Thursday 12:15 p.m. – 1:15 p.m., Room 3228 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3228 (WSC)

With these tough economic times, how can we utilize the resources around us to make ends meet and make our money last till the end of the month? How can we teach youth and teenagers to live on less and like it? Come to this workshop for ideas that will help everyone of all ages cut costs, slash expenses, go green, live on less, make ends meet and ultimately be thrifty and thrive.

Margie Memmott, USU Extension Agent, Juab County

Fun, Free, Fantastic, Fabulous and sometimes Formidable FEFE (Family Economics & Financial Education)

Vivien Brown

Wednesday 9:40 a.m. – 10:40 a.m., Room 3380 (WSC)

Thursday 8:00 a.m. – 9:00 a.m., Room 3380 (WSC)

How would you like to have at your fingertips a financial literacy curriculum that:

- has ready-to-teach lesson plans:
- is based on the theories of active learning and multiple intelligences
- is straightforward and requires minimal educator preparation
- is available at the click of a mouse
- provides quizzes and tests with answer keys
- has up to date information for you and your students

FEFE offers all this and more. Take this class and learn how to figure out FEFE for yourself.

Vivien Brown, Lone Peak HS, Alpine School District

Money Talks: Should You Be Listening?

Darlene Christensen

Wednesday 10:50 a.m. – 11:50 a.m., Room 102 (SWKT)

Wednesday 12:40 p.m. – 1:40 p.m., Room 102 (SWKT)

Money Talks is a FREE website with games, videos, teen guides, and teacher resources. Sponsored by University of California Extension, the information is research based and is a fun way for teens to learn about finance. Easily incorporated into classroom teaching. Come enjoy hands-on activities in this class.

Darlene Christensen, USU Extension Agent, Tooele County

Teens, Cars, and Costs

Ann House and Joanne Roueche

Wednesday 1:50 p.m. – 2:50 p.m., Room 3224 (WSC)

Wednesday 3:00 p.m. – 4:00 p.m., Room 3224 (WSC)

Teaching teens to become consumer savvy individuals is not easy. This is particularly true when it comes to cars, as many teens see car-ownership as a rite of passage. This workshop will assist and educator in teaching teens about car purchases. Topics covered will be whether or not to buy a car, and if so what to buy, how to buy and how to finance the purchase. Each workshop attendee will be given a DVD with 2 short videos about teens and car-buying. This DVD was created by teens for teens, and teaches good financial behavior. Attendees will be given other resources to assist in teaching about the cost vs. the price of vehicles, and how to become a savvy shopper.

Ann House, USU Extension State Finance Specialist

Joanne Roueche, USU Extension Agent, Davis County

The Myth and Magic of Coupons and Rebates

Joanne Roueche

Thursday 9:10 a.m. – 10:10 a.m., Room 3380 (WSC)

Thursday 10:20 a.m. – 11:20 a.m., Room 3380 (WSC)

The tightening economy has consumers looking for alternative ways to extend their grocery budget. One major area is the use of coupons and rebates. The use of coupons is an old tradition dating back to 1894 when Coca Cola developed the first hand written ticket for their new fountain drink. The tradition has grown from there. Coupon clipping has become a time honored ritual that saves Americans nearly \$3 billion annually. The class will cover the benefits and pitfalls of successfully saving through the use of coupons and rebates.

Joanne Roueche, USU Extension Agent, Davis County

Tips to Taper Home Energy Costs

Lou Mueller

Wednesday 10:50 a.m. – 11:50 a.m., Room 3223 (WSC)

Wednesday 12:40 p.m. – 1:40 p.m., Room 3223 (WSC)

Get the latest tips on home energy savings. Learn about:

- Typical home energy usage and what drives up home energy costs;
- Cost comparisons with and without implementing energy saving strategies;
- How to read an energy label and why to buy Energy Star products;
- How to Employ simple methods that provide savings;
- Behavior changes that lower energy costs and save money.

Handouts are provided showing how to install a programmable thermostat, wrap a water heater to save energy, and more. Participants in this session will receive a CD with a copy of the PowerPoint presentation and a master file of handouts. Some energy saving products will also be demonstrated as part of the presentation.

Lou Mueller, USU Extension Agent, San Juan County

MARRIAGE & PARENTING

Adult Roles & Responsibilities/Adult Roles & Financial Literacy Round Table

Nikki Sue Larkin and ARR/ARFL Writing Team

Wednesday 12:40 p.m. – 1:40 p.m., Room 3290 (WSC)

Join us for a year in reviews of the new ARR/ARFL Curriculum. ARR/ARFL best practices will be shared and bring some of your own!

How To Say No and Still Be Nice

Naomi Weeks

Thursday 12:15 p.m. – 1:15 p.m., Room 3223 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3223 (WSC)

Saying no is a challenge for many people. Saying yes to something you've been asked to do when you really want to say no often creates stress and frustration. Come learn and practice new skills and techniques to help you to say no but still be nice. Remember, by saying no to things that you don't want to do; you will have more time to do the things you choose to do!

Naomi Weeks, USU Extension Agent, Weber County

“Safe at Home” – Understanding and Preventing Abuse

Carolyn Washburn

Wednesday 9:40 a.m. – 10:40 a.m., Room 3222 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3222 (WSC)

This presentation is one of 6 classes that the Washington County offers to the community. Pre married couples who attend this along with 6 hours of additional relationship classes receive a rebate on their marriage license fees. This class will provide an insight to domestic violence, the urgent need to combat it in the community, and ideas for helping your students avoid and prevent abusive situation.

Carolyn Washburn, USU Extension Agent, Washington County

Tearing Off Labels – Breaking Stereotypes

Darlene Christensen

Wednesday 1:50 p.m. – 2:50 p.m., Room 3280 (WSC)

Wednesday 3:00 p.m. – 4:00 p.m., Room 3280 (WSC)

This presentation is one of 6 classes that the Washington County offers to the community. Pre married couples who attend this along with 6 hours of additional relationship classes receive a rebate on their marriage license fees. This class will provide an insight to domestic violence, the urgent need to combat it in the community, and ideas for helping your students avoid and prevent abusive situation.

Darlene Christensen, USU Extension Agent, Tooele County

The Marriage Promise

Lyn Scoresby

Thursday 10:20 a.m. – 11:20 a.m., Room 3222 (WSC)

A new way of looking at marriage gives us additional methods of preparing youth to be successful in their important relationship. You can teach how to form partnerships, understand communication dynamics, and how to change bad experiences into something more positive.

Lyn Scoresby, Ph D., Legacy Foundation

CTE INTRO / TEEN LIVING / FACS EXPLORATION

Being Good Digital Citizens with Today’s Technologies

Rick Cline

Wednesday 3:00 p.m. – 4:00 p.m., Room 3380 (WSC)

You will learn how today's technologies are effecting teens at school, at home, and in their community. This session will cover the following topics: benefits/dangers of today's technologies; cell phones and photos – what kids are doing; cyberbullying – kids use of technology (i.e. cell phones, Internet) to threaten and harass others; social networking web sites – kids creating their own identity; kids communicating online – online relationships; what teens can do to be safer online.

Rick Cline, UEN

CTE Intro Evaluation

Jill Petersen

Thursday 8:00 a.m. – 9:00 a.m., Room 3238 (WSC)

It's time to take a look at the FACS – CTE Intro. Curriculum and evaluate where we've been and where we go from here. If you are a FACS-CTE Intro teacher and would like o have input in this curriculum update process, please be in attendance.

Jill Petersen, Jefferson Jr. High School, Granite School District

I Kissed A Girl and I liked It

Melodie Stevenson Garcia

Thursday 9:10 a.m. – 10:10 a.m., Room 3252 (WSC)

Thursday 10:20 a.m. – 11:20 a.m., Room 3252 (WSC)

Times have changed and so have the hot topics in our classrooms. How do we deal with it? Come join us in a conversation and reflection regarding hot topics and issues that are now in our classrooms. We will be addressing topics regarding sexual orientation and identity. Explore the role of racism plays in our classrooms. If you have a desire to make your classroom more inclusive, please join us.

Melodie Stevenson Garcia, Eisenhower Jr. High School, Granite School District

SEX Still Has a Pricetag

Lenora Reid

Thursday 12:15 p.m. – 1:15 p.m., Room 3211 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3211 (WSC)

Learn how to teach the relationships unit for 9th graders to keep it appropriate, eye-opening, yet really, really fun! This is specific for Teen Living curriculum but could also be applied to Adult Roles.

Lenora Reid, Pleasant Grove Jr. High School, Alpine School District

Teen Living: The Scope and Sequence

Jenefer Rowley, Debbie Fisher, Jean Manuella, Charlene Peppinger, Esther Washburn

Wednesday 12:40 p.m. – 1:40 p.m., Room 3252 (WSC)

Comparing and contrasting of exemplary, field-tested scope and sequence for Teen Living are presented by three teachers who have implemented, used and revised the three in their own classrooms. The advantages and disadvantages of each were analyzed and evaluated from the perspectives of, among others, the learning style of students and the teaching style of instructors. The results enable informed choices of experienced and novice teachers as they anticipate teaching TEEN LIVING next year.

Jenefer Rowley, West High School, Salt Lake School District

Debbie Fisher, South Hills Middle School, Jordan School District

Jean Manuella, Pleasant Grove Jr. High, Alpine School District

Charlene Peppinger, Elk Ridge Middle School, Jordan School District

Esther Washburn, Crescent View Middle School, Jordan School District

Teen Living Round Table

Jamie May, Melodie Stevenson Garcia, and Suzanne Dent

Wednesday 9:40 a.m. – 10:40 a.m., Room 3223 (WSC)

Teachers can come to get specific help and ideas for the standards of their choice. We will be dividing into groups and discussing each standard individually. Please come with new updated ideas to share (otherwise we won't have anything to talk about☺).

Jamie May, South Ogden Jr. High School, Weber School District

Suzanne Dent, North Cache 8-9 Center, Cache School District

Teen Living Virgin

Melodie Stevenson Garcia

Wednesday 1:50 p.m. – 2:50 p.m., Room 3252 (WSC)

Wednesday 3:00 p.m. – 4:00 p.m., Room 3252 (WSC)

Are you teaching Teen Living for the first time? Need help with ideas? Why reinvent the wheel? I would like to share my scope and sequence with you. This is a condensed repeat from 2008 summer conference, but if you need a refresher course, come on in. Everyone is welcomed.

Melodie Stevenson Garcia, Eisenhower Jr. High School, Granite School District

What I Learned in 20 years: CTE Intro & FACS Exploration

Judy Proctor

Wednesday 9:40 a.m. – 10:40 a.m., Room 3211 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3211 (WSC)

Tips and tricks for CTE introduction and FACS Exploration such as lab management, organization, lesson plans, sewing projects, technology to use, etc.

Judy Proctor, Clarke Johnsen Jr. High, Tooele School District

TEACHING FACS / GENERAL / OTHER

A Whole New World

Holly Weidauer

Wednesday 3:00 p.m. – 4:00 p.m., Room 102 (SWKT)

In this workshop, teachers will learn about exciting and FREE travel opportunities through the Fulbright organization. Holly will report on her incredible Fulbright experience in Germany and show teachers how they can access similar opportunities of their own.

Holly Weidauer, East High School, Salt Lake School District

Better Teaching, Better Learning, Better Schools

Debra Fisher and Tami Flygare

Thursday 10:20 a.m. – 11:20 a.m., Room 3228 (WSC)

Have you ever wondered what is involved in becoming a National Board Certified Teacher? What National Board Certification is and what it entails? Have you been considering completing your Masters degree? We will help answer your questions and walk you through the process. Information will be provided for achieving National Board status and the optional Masters degree programs available to help you earn both together.

Debra Fisher, South Hills Middle School, Jordan School District

Tami Flygare, Fort Herriman Middle School, Jordan School District

Break Free

Sherry Marchant

Thursday 8:00 a.m. – 9:00 a.m., Room 5520 (WSC) This room is located on the 5th floor.

Is there a Nontraditional Career for your students? What are some advantages and disadvantages of a Nontraditional Career? Ideas for students and even some ideas for teachers! A new DVD about Nontraditional Careers will be distributed for use in the classroom.

Sherry Marchant, USOE Career Connections Specialists (WBL, CTE Intro, Nontraditional)

Door Magic

Stacy Johnson

Thursday 8:00 a.m. – 9:00 a.m., 3252 (WSC)

As a teacher, I stand at the door and greet every student as they walk in the door. I always hand something fun out as they walk in that relates to what we are doing in class for the day. It could be something for an activity, a group division, or class participation. It is a little thing that works magic on attendance, participation, and the feeling of the room. I also include various test-taking methods throughout the class taught in a brain gym course.

Stacy Johnson, Roy High School, Weber School District

FACS in Japan

Roberta Merrill

Wednesday 9:40 a.m. – 10:40 a.m., Room 3220 (WSC)

As a guest of the Japanese government through the Fulbright Memorial Fund, I spent three weeks last summer visiting historical sites and schools in Japan. Come see my PowerPoint presentations on architecture and foods, and listen to what I learned about families and child care. We are more alike than different and can learn many things by understanding each other's culture.

Roberta Merrill, Spanish Fork High School, Nebo School District

FACS Review Games

Mindy Johnson

Wednesday 12:40 p.m. – 1:40 p.m., Room 3280 (WSC)

Thursday 8:00 a.m. – 9:00 a.m., Room 3290 (WSC)

As FACS teachers we are all looking for new ways to help our students do well on the state skills tests. Come learn from Mindy some great FACS review games your students will love and help them improve their test scores.

Mindy Johnson, Spanish Fork High School, Nebo School District

FCCLA Advisors Lifesavers

Lenora Reid

Thursday 8:00 a.m. – 9:00 a.m., Room 3250 (WSC)

Thursday 9:10 a.m. – 10:10 a.m., Room 3250 (WSC)

New advisors, and seasoned advisors, have you ever felt like you were in over your head? Ever felt like you were sinking or didn't know how to start your boat, chart your course, or work your compass? This workshop is to help you understand the REAL necessities for starting and continuing an FCCLA chapter at your school. Come away with some lifesavers for helping you through the advisor process! You will leave with a boat, a map, a compass, and some lifesavers, (just in case you feel in over your head again).

THERE IS A CLASS FEE OF \$7.00.

Lenora Reid, Pleasant Grove Jr. High School, Alpine School District

Games in the Classroom

Heather Lormier

Wednesday 3:00 p.m. – 4:00 p.m., Room 3290 (WSC)

Thursday 1:25 p.m. – 2:25 p.m., Room 3252 (WSC)

Game-based learning can engage your students and liven up your curriculum. The class will cover both games for all classrooms and games that are specific to the FACS classroom.

Heather Lormier

Get Kids To Clean (Without Getting Too Mean)

Don Aslett and Sandra Phillips

Thursday 12:15 p.m. – 1:15 p.m., Room 3290 (WSC)

The 10 best ways to get kids to keep their rooms neat and clean—and stay that way!

Don Aslett, Owner, Don Aslett Cleaning Center

Sandra Phillips, Author and Inventor

Getting Organized at School and at Home

Becky Cox

Thursday 8:00 a.m. – 9:00 a.m., Room 3280 (WSC)

Thursday 9:10 a.m. – 10:10 a.m., Room 3280 (WSC)

Great ideas for everyone in the classroom and at home. Being organized saves you time and emotional stress. Come explore ideas to make your life easier.

Becky Cox, Lone Peak High School, Alpine School District

Green Cleaning (Eco-Responsible Best Ways To Clean)

Don Aslett and Sandra Phillips

Thursday 10:20 a.m. – 11:20 a.m., Room 3290 (WSC)

What are the “germiest” spots in the house (you’ll be surprised!), and how to get rid of them while being kind to the environment.

Don Aslett, Owner, Don Aslett Cleaning Center

Sandra Phillips, Author and Inventor

Cleaning Fitness

Don Aslett and Sandra Phillips

Thursday 1:25 p.m. – 2:25 p.m., Room 3290 (WSC)

Household cleaning workouts that get the job done in just 30 minutes per day, while burning dozens of calories.

Don Aslett, Owner, Don Aslett Cleaning Center

Sandra Phillips, Author and Inventor

How to Let the STAR Events “Shine” In Your Current Curriculum

Kathy Croxall

Wednesday 12:40 p.m. – 1:40 p.m., Room 3222 (WSC)

Make FCCLA come alive from all your students and easy on yourself as you incorporate the STAR events, rubrics already included, in every classroom. Concrete examples of classroom assignments and activities that will lead your students toward preparing for FCCLA STAR events will be presented.

Sharing of ideas will be highly encouraged.

Kathy Croxall, SUU

Integrating FCCLA into the FACS Classroom

Lindsey Shirley

Wednesday 9:40 a.m. – 10:40 a.m., Room 3280 (WSC)

Family, Career, and Community Leaders of America is a student organization that has much to offer young people. Come to this session to explore hands-on integration of FCCLA activities and STAR Events into the curriculum of a secondary FCS program. The session will include examples of completed projects, inspiration for chapter activities integrated into the classroom, and much more!

Lindsey Shirley, USU

Motivate the Unmotivated Student

Lyn Scoresby

Thursday 8:00 a.m. – 10:10 a.m., Room 3222 (WSC)

This seminar will focus on how to create a system of motivation that turns the unmotivated student in to a self starter. It brings several important parts of teaching into a rhythm that makes the classroom more exciting for students and for the teacher. Learn about the brain and how to connect that knowledge to the curriculum, how to create a powerful teacher student-relationship, shape peer influence, and involve parents. All this in thirty minutes a week. **NOTE: This is a two-hour session.**

Lyn Scoresby, Ph D., Legacy Foundation

Roots and Wings of Civil Engagement: Linking the Pieces of the Puzzle

Kathy Croxall, Rea Gubler, and Artis Grady

Wednesday 1:50 p.m. – 2:50 p.m., Room 3222 (WSC)

This session explains how service learning has been integrated into FACS classes at SUU over the past century. Current projects students propose and carry out will be showcased. A recent service learning project conducted at Cedar High School will be highlighted.

Surprise! You're A Second Year Teacher!

Jenefer Rowley

Wednesday 9:40 a.m. – 10:40 a.m., Room 3290 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3290 (WSC)

This is for the new TEACHER COHORT to celebrate the success and completion of a FIRST YEAR OF TEACHING. We want to share survival tips and strategies by having you participate with us and experience hands-on activities and resources that have been implemented by some of our most successful veteran teachers, over time. These ideas, tips and tools go across the curriculum. Join with us to enter the discussion, experience the activities, and take away the ideas, information and hand-outs you can use next year and beyond!

Jenefer Rowley, West High School, Salt Lake School District

Teaching Using Differentiation Techniques

Christine Heslop

Thursday 10:20 a.m. – 11:20 a.m., Room 3280 (WSC)

Thursday 12:15 p.m. – 1:15 p.m., Room 3280 (WSC)

Teachers will learn what differentiation is and some techniques that can be used in any class. Using differentiation can increase student motivation and engagement. These techniques also reach many types of learners because they are geared toward different learning styles

Christine Heslop, Ogden High School, Ogden School District

Teaching Keepsake Binders

Shellie Barnum and Desi Roden

Thursday 12:15 p.m. – 1:15 p.m., Room 3252 (WSC)

Ever have one of those days when you wonder *why* you're in the teaching profession? In this class you will begin to scrapbook a keepsake binder for all the thank you notes, letters, and positive mementos you receive from your students. You will receive ideas and materials for several page layouts, and you will have time to begin work on your keepsake binder. **THERE IS A CLASS FEE OF \$15.00.**

Shellie Barnum, Desert Hills Middle School, Washington School District

Desi Roden, Hurricane High School, Washington School District

Technology Impacting the Quality of Life for Families and Individuals

Joyce B. Miles

Wednesday 10:50 a.m. – 11:50 a.m., Room 3280 (WSC)

This topic explores all the various technologies from food and nutrition, to bio technology to genetics to internet shopping to travel and leisure – all impacted by technological advances. All areas of the family and consumer sciences discipline are covered. Participants also are exposed to ethics and privacy and other consumer issues that have arisen from technological advances. Cyberparenting and internet safety and security issues are also explored. A “must have” presentation for 21st century family and consumer sciences teachers.

Joyce B. Miles, CFCS Retired

Trash to Treasure

Jenn Heslop

Wednesday 1:50 p.m. – 2:50 p.m., Room 3223 (WSC)

Wednesday 3:00 p.m. – 4:00 p.m., Room 3223 (WSC)

Trash to Treasure or Recycle, Reuse, Repurpose. I will be sharing my tips and ideas for decorating on a budget.

Jenn Heslop

Using “Foldables” as a Teaching Tool

Christine Heslop

Wednesday 9:40 a.m. – 10:40 a.m., Room 3238 (WSC)

Wednesday 10:50 a.m. – 11:50 a.m., Room 3238 (WSC)

Teachers will learn how to create foldables to use in their classroom. A foldable is a “hands-on graphic organizer” that can be used in any class. It provides a new way to help kids organize information, and is great for kinesthetic learners. Come make and take foldables to use!

Christine Heslop, Ogden High School, Ogden School District

USU Graduate Program

Julie Wheeler

Wednesday 12:40 p.m. – 1:40 p.m., Room 3380 (WSC)

Come learn what is required to earn a master’s degree from USU’s Distance Education Program. Increase your knowledge of classroom management and increase your pay at the same time.

Julie Wheeler, FACS Teacher Education, Utah State University

USU Student Motivators

Julie Wheeler

Wednesday 1:50 p.m. – 2:50 p.m., Room 3380 (WSC)

Share motivators created by USU students – new ideas to get your class started off with an intriguing approach.

Julie Wheeler, FACS Teacher Education, Utah State University

Writing Across the Curriculum

Maxine Lewis Rowley

Wednesday 3:00 p.m. – 4:00 p.m., Room 3238 (WSC)

Recently, reading across the curriculum has been given much attention by educators in all disciplines, but how about writing across the curriculum? This workshop presents very practical, fun and easy-to-evaluate secondary student writing assignments. Many of the examples, such as “Amazing Objective Graffiti” and “Interactive Notebooks” are generic. Others, such as “Create a Clothing Catalogue” or “The Great Cake Mix-Up” are designed for specialty areas. Included are internet sites that help with and encourage writing.

Dr. Maxine Lewis Rowley, Retired BYU FACS Teacher Educator

COMPUTER CLASSES / UEN

Beginning Blogging for Teachers

Nichole Neves

Wednesday 10:50 a.m. – 11:50 a.m., Room 105 (SWKT)

This workshop will be a “beginning blogging for teachers” workshop. Blogging is a great way to record what is being covered in class. See an example of my classroom blog at <http://thelongtermsub.blogspot.com>. You can also look at my family blog, <http://andynikki.blogspot.com>. You can add videos, slideshows, lists, links, photos, etc. You could also post electronic copies of assignments and PowerPoint’s to blogs. This can be a great way to keep students and parents posted. They can use the blog to find information and seek additional information.

Nikki Neves, Utah State University FACS Education Graduate, 2008

Bloggin’ Fun

Shelli Barnum

Thursday 9:10 a.m. – 10:10 a.m., Room 105 (SWKT)

In this class, participants will walk through the simple process of setting up a blog and website for their classrooms. A blog can be used as a journal for what you do in class. You can take pictures of the activities, products, or projects students do in class and post them on your blog with a short description. On the blog, we will add a link to your website. The websites will be really simple (I am new to the whole blogging and website thing, so I can’t do anything really cool yet. Therefore, I can’t scare off the people who don’t know how to do anything computer related). Parents and students will have access to see what is coming up in your classes. You can also post any PowerPoint’s, recipes or handouts done in class so students have access to notes at home. Both the blog and the website are free services, and are really simple to set up.

Shelli Barnum, Desert Hills Middle School, Washington School District

Classroom Blogs

Jamie Lemon-Kitchen

Wednesday 1:50 p.m. – 2:50 p.m., Room 102 (SWKT)

Blogging is good for more than just keeping in touch with friends. A blog is an easy way to keep a teacher website that not only informs, but also allows for student feedback. Share what you’re doing and learning in class with the whole world. Learn how to set up a blog, some guidelines for student blogging, and then see some applications of blogging in the FACS classroom.

Jamie Lemon-Kitchen, Union High School, Duchesne School District

Cool Tech Tools

Jared Covili/Ross Rogers

Wednesday 3:00 p.m. – 4:00 p.m., Room 105 (SWKT)

Thursday 1:25 p.m. – 2:25 p.m., Room 105 (SWKT)

You've probably heard some of these names and buzzwords... Now, get a quick peek at some and explore how many educators are using them: Twitter, Flickr, MySpace, Flip cam, Facebook, Linked In, iTunes and iTunesU, iPod, YouTube, TeacherTube, Wikipedia and Wiki Spaces, Gabcast, texting, Blogger, Del.icio.us., document cameras, Second Life, etc.!

Jared Covili, UEN

Ross Rogers, UEN

Excel 2007: Fun Projects and Games

Victoria Rasmussen

Thursday 12:15 p.m. – 1:15 p.m., Room 102 (SWKT)

For those who are a little familiar with spreadsheets, this session includes ideas for a variety of curriculum-related activities you and students can do with Excel. We will provide a brief orientation to how a spreadsheet works and participants can complete one or two projects step-by-step during the session.

Victoria Rasmussen, UEN

iTunes: Everything You Didn't Know, You Needed to Know

Jared Covili

Wednesday 1:50 p.m. – 2:50 p.m., Room 105 (SWKT)

In this fast-paced session you'll learn how to find audio and video with educational value, as well as tips and tricks for better searching. Learn to use many of the "hidden" features in iTunes to better manage your media library. Previous experience with iTunes is not necessary, but helpful.

Jared Covili, UEN

Pioneer: Library resources especially for FACS

Victoria Rasmussen

Thursday 1:25 p.m. – 2:25 p.m., Room 102 (SWKT)

Free and at your fingertips! Learn to access popular magazines such as Better Homes and Gardens, Architectural Digest and hundreds more fully online. Download royalty-free music and sounds for use in multimedia projects and presentations; explore authentic recipes from over 150 countries, research health, diet, family and personal growth topics and more.

Victoria Rasmussen, UEN

PowerPoint: Not Just for Presentations

Ross Rogers

Thursday 12:15 p.m. – 1:15 p.m., Room 105 (SWKT)

If you think you're "done" with PowerPoint, think again. This session is for those who are confident using PowerPoint when presenting, but are ready to expand their horizons. You'll gain the skills to use PowerPoint in a variety of ways – learn custom animation and timing so the show can run without you, get ideas for using PowerPoint to create "video tutorials", see how you can add narration and music, and even use it as a graphic design tool.

Ross Rogers, UEN

Smarter, Better, Faster with Word 2007

Victoria Rasmussen

Thursday 10:20 a.m. – 11:20 a.m., Room 102 (SWKT)

Learn to use Word 2007 features to quickly create dynamic handouts with snappy new visuals and timesaving Quick Parts. Find out how to access a variety of templates to make your life (and newsletters) even easier.

Victoria Rasmussen, UEN

Ulimite UTIPS

Jamie Lemon-Kitchen

Thursday 9:10 a.m. – 10:10 a.m., Room 102 (SWKT)

UTIPS is a great time-saver for writing, editing, and grading tests. Many of you used the “lemonkitchen” website for state test reviews. Now you can finally access these tests, and many others, with your own UTIPS account. I’ll show you how to copy tests and then review basic UTIPS navigation. Please bring your own UTIPS account name and password.

Jamie Lemon-Kitchen, Union High School, Duchesne School District

Video Editing with Windows MovieMaker

Ross Rogers

Thursday 10:20 a.m. – 11:20 a.m., Room 105 (SWKT)

In this session, you’ll get a chance to practice hands-on and learn the skill you need to edit your own digital movie. Learn to edit film clips so you can focus on just the segment you want in your classroom. Explore audio options and produce your own multimedia project. Get ideas for using this fun technology tool to support your curriculum as well. Bring in multimedia and watch your students’ engagement soar!

Ross Rogers, UEN

You’ll Flip over These Cameras

Jared Covili

Wednesday 12:40 p.m. – 1:40 p.m., Room 105 (SWKT)

Get hands-on experience with the exciting, easy, and inexpensive Flip camera. This pocket-sized digital video camera makes snapping quick video, transferring it to the computer and sharing it on the web simple. The potential to build student portfolios and other tech projects around these affordable gadgets is limited only by your creativity.

Jared Covili, UEN

CULINARY ARTS SEMINAR **FRIDAY JUNE 19, 2009**

Culinary Arts Seminar

8:00 a.m. - 3:30 p.m. - BYU Foods Lab

John V. Johnson CEC, CCE, AAC

Hospitality, Culinary Arts, and Tourism Institute, Maryland

This all day seminar will cover sauces, soups and knife skills. Chef Johnson will be using PowerPoint instruction coupled with hands-on labs.

The tentative food preparations are: Pico de Gallo (with tortilla chips); Mango salsa; red & yellow pepper coulis; apple chutney; pickle relish. The small amount of protein could be pre-prepared by the chef (pork tenderloin for mango salsa; grilled chicken for pepper coulis, etc. to show the teachers a utilization of each of the sauces. Possible soups: Chicken Vegetable (broth based.thin): Cream of broccoli (cream); Split Pea (puree); Gazpacho (specialty-cold).